

Myopia Today: Understanding, Managing, and Looking Ahead

16 December 2025

eLOS Platform

time: 18.00 – 20.00 (CET)

ESASO Scientific director: Mario Romano
Course Scientific coordinator: Mario Romano

Welcome and Introduction	Annegret Dahlmann-Noor	18.00-18.05 5 Minutes
Myopia as a Disease		
- Myopia as a chronic, progressive condition		
- Incidence and prevalence trends	Jan Polling	18.05-18.25
- Risk factors for progression (age, genetics, lifestyle)		20 Minutes
- Long-term complications of high myopia		
- Overview of international guidelines		
Q&A	All	18.25-18.30 5 Minutes
Current Myopia Management Paradigms		
- Lifestyle and behavioral approaches		
- Spectacle lenses, contact lenses, atropine (off-label)	Luca Buzzonetti	18.30-18.50
- Compounded devices: use, limits, perspectives		20 Minutes
- Clinical challenges and guideline implementation gaps		
Q&A	All	18.50-18.55 5 Minutes
Newer Approved Therapies: Clinical Trial Data & Future Directions		
- Overview of newly approved therapies in Europe	Dominique Bremond-Gignac	18.55-19.15
- Focus on low-dose atropine eye drop clinical data, pharmacologic rationale		20 Minutes

- Adoption challenges and opportunities in practice			
Q&A	All		19.15-19.20 5 Minutes
Evidence Gaps and Future Advances			
- What evidence is still missing?			
- Duration of treatments, combination strategies, real-world data			
	Chris Hammond		19.20-19.40 20 Minutes
- Innovations in diagnostics and monitoring			
- Ongoing and upcoming studies			
Q&A	All		19.40-19.45 5 Minutes
Discussion and Q&A			
- Open discussion with participants, moderated live Q&A.			
	All		19.45-19.58 13 Minutes
Closing Remarks			
			19.58-20.00 2 Minutes